


Smart Home Maintenance Checklist for Seniors: 2025 Edition




 *Perform this checklist monthly to keep your smart home safe, reliable, and easy to use.*



Smart home technology gives older adults independence, convenience, and peace of mind. But even the best devices need occasional checkups. Whether you use voice assistants, smart lighting, health monitors, or smart locks, this guide helps you **avoid common issues** and keep everything running smoothly.

This **smart home maintenance checklist for seniors** is designed for older adults, caregivers, or family members who want to ensure that devices stay up-to-date, secure, and operational.

Section 1: General Smart Device Health





These basic checks apply to all smart devices—whether it's a light bulb or a video doorbell.


-  Device is plugged in or fully charged
-  Battery-powered devices show no low-battery warning
-  Device can be turned on/off via voice or app

-  No unusual blinking lights, beeping, or overheating
-  Device hasn't moved or been blocked (e.g., cameras, motion sensors)

Section 2: Wi-Fi & Connectivity





If your internet goes down, your smart home does too. Stay ahead of outages:

-  Internet is active (test on a phone or tablet)
-  Wi-Fi signal is strong where devices are located
-  Router or mesh system has been restarted in the last month
-  Battery backup (UPS) is working for critical systems like your router

 *Pro Tip:* If using mesh Wi-Fi, test coverage in each room.






Section 3: Software, Apps & Updates


Outdated firmware is one of the top smart home mistakes seniors should avoid. These updates often contain bug fixes, privacy improvements, and compatibility enhancements.

-  App is updated on your phone or tablet
-  Device firmware is up-to-date (check in the app or settings)
-  Enable automatic updates where available
-  Check manufacturer's website or newsletter for new features or recalls

Section 4: Privacy and Security

Cybersecurity is a growing concern for seniors using smart home technology. Don't skip this section.

-  All smart devices have strong, unique passwords
-  Two-Factor Authentication (2FA) is enabled
-  Camera feeds and voice recordings are only accessible by you
-  "Drop In" features or remote control are disabled if not needed
-  Review app permissions for microphone, location, and data sharing

 [Learn more: FTC Privacy Settings for Smart Devices](#)



Section 5: Battery Check (Monthly)

- All remote controls and sensors have fresh batteries
- Rechargeable devices (like smart locks or cameras) are charged
- Test motion sensors and alarms manually
- Look for battery warnings in the device app



Pro Tip: Use labeled reminders or stickers on devices with battery replacement dates.



Section 6: Specific Device Types

Tailor this section to what's in your home.

Voice Assistants (Alexa, Google Assistant)

- Responds to commands properly

- Connected to Wi-Fi
- Linked to correct smart devices

Smart Lights

- Turn on/off via voice or app
- Automation routines are running
- No flickering or unresponsive bulbs

Smart Thermostats

- Temperature settings are accurate
- Schedules are updated for the season
- App shows current status






Smart Cameras & Security

- Video is recording or viewable remotely
- Motion detection is working
- Lens is clean and unobstructed

Health & Wellness Devices




- Fall detection or alert system is active
 - Device is syncing with app or caregiver portal
 - All health readings are accurate and updated
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Section 7: Backup & Emergency Plan

-  Emergency contacts are saved in device settings
 -  Voice assistant can make emergency calls
 -  Caregiver knows how to access device if needed
 -  Router and main hub are on a battery backup
 -  Hardcopy emergency instructions are visible (optional)
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Final Steps

-  Log today's check-up date
 -  Make notes of anything that needs replacing or troubleshooting
 -  Share this checklist with a caregiver or tech helper
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